CAP UCLA Presents the Premiere of Heidi Rodewald’s

*A Lifesaving Manual*

An audio/visual recorded song cycle
Music by Heidi Rodewald
Lyrics by Donna Di Novelli

Saturday, May 7 at 6 p.m. PT on CAP UCLA Online

[LOS ANGELES – March 24, 2022] UCLA’s Center for the Art of Performance (CAP UCLA) presents the premiere of Heidi Rodewald’s *A Lifesaving Manual* on Saturday, May 7 at 6 p.m. PT. *A Lifesaving Manual* is a multimedia presentation that will be available for free on the CAP UCLA Online channel [online.cap.ucla.edu](http://online.cap.ucla.edu).

Heidi Rodewald’s newest project, *A Lifesaving Manual*, with lyrics by Donna Di Novelli, samples words and phrases from Red Cross Lifesaving Manuals published over the last century and composes them into an audiovisual meditation on aid, safety and care. With direction and visual composition by Joshua Higgason, *A Lifesaving Manual* features vocals by David Driver, Rodewald and Stew. Rodewald's multi-layered music for guitar, bass, piano, trumpet, woodwinds, strings and drums elegantly fuses her pop and rock sensibilities. Enveloped in a
filmic score of life-saving diagrams, text and day-to-day encounters, *A Lifesaving Manual* contemplates how caring for each other and our world is caring for ourselves.


Joshua Higgason (video director/designer) is a video, scenic, lighting, and interactive designer, creating experiences for theater, concerts, opera, and events. Shows at UCLA include *The Ambassador* (video design) and *Dorothea* (video content). Recent video designs include *Cosi Fan Tutte* and *Falstaff* for Opera di Firenze; *Die Ägyptische Helena* and *Hansel und Gretel* for La Scala; *Blue* for Michigan Opera Theater; Purcell’s *King Arthur* for Staatsoper Berlin and Theater An Der Wien; *Mackie Messer- Eine Salzburger Dreigroschenoper* for Salzburger Festspiele; *Acquanetta* for Bard Summerscape; *Aging Magician* for San Diego Opera; *Powder Her Face* for NYC Opera; *Persona* for LA Opera; Lucinda Childs’ *The Day*; Ira Glass’ *Seven Things…* Tour; and Sufjan Stevens’ *Carrie and Lowell* Tour. His work has been seen at Carnegie Hall, Salzburg Festspiele, Bayreuth Festival, BAM, TED, The Public, MoMA, Panorama Festival NYC, Beacon Theatre, and many others. He is an instructor of performance design at Massachusetts Institute of Technology (MIT).

**Album Credits**

Produced by Bryce Goggin and Marty Beller
Recorded and Mixed by Bryce Goggin at Trout Recording in Brooklyn, NY
Additional Production by Marc Doten
Vocal Arrangements by Marc Doten
Orchestral Arrangements by Dana Lyn
Vocals - David Driver, Heidi Rodewald, Stew, Marc Doten

Marty Beller - Drums and Percussion
Marc Doten - Keys
Christian Gibbs - Guitars
Heidi Rodewald - Bass
Jeff Hermanson - Trumpet
Marika Hughes - Cello
Dana Lyn - Violin
Mike McGinnis - Bass clarinet
Brad Mulholland - Bass clarinet

*A Lifesaving Manual* is an album and audiovisual recorded cycle of songs originally created for *The Good Swimmer*, a theatrical performance that premiered at the BAM Next Wave Festival in December 2018. Support for the development and premiere of the music, lyrics and performance was provided by Terry Eder and Gene Kaufman, Steve Klein/Apple Core Holdings, Linda Myers, Christine and Michael Garner, Jill and William Steinberg, David Henry Jacobs, Sherwin Goldman, Ann Harrison, Susan Bienkowski, Jamie deRoy, Dan Shaheen, and Connie Chen, and with residencies at Eugene O’Neill Center, Bowdoin College, UCLA's Center for the Art of Performance, PROTOTYPE festival and Brooklyn Academy of Music.


**CALENDAR EDITORS, PLEASE NOTE:**
CAP UCLA presents
*Heidi Rodewald: A Lifesaving Manual*
Saturday, May 7 at 6 p.m.
CAP UCLA Online
Free with registration

**Artist’s Website:** [Heidi Rodewald](#)

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**ABOUT CAP UCLA**
UCLA’s Center for the Art of Performance (CAP UCLA) is the public-facing research and presenting organization for the performing arts at the University of California, Los Angeles—one of the world’s leading public research universities. We are housed within the UCLA School of the Arts & Architecture along with the Hammer and Fowler museums. The central pursuit of our work as an organization is to sustain the diversity of contemporary performing artists while celebrating their contributions to culture. We acknowledge, amplify and support artists through major presentations, commissions and creative development initiatives. Our programs offer audiences a direct connection to the ideas, perspectives and concerns of living artists. Through the lens of dance, theater, music, literary arts, digital media arts and collaborative disciplines, informed by diverse racial and cultural backgrounds, artists and audiences come together in our theaters and public spaces to explore new ways of seeing that expands our understanding of the world we live in now.

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**IMAGES:** Images for Heidi Rodewald are available for download [here](#). Photo by Tiffany Bessire.